



Frenectomy Post-Operative Instructions

1

Nothing sharp, spicy, or hard to eat or drink for the next 48 hours

2

Do NOT pull on lip

3

No physical contact that can result in a jar to the mouth for 48 hours

4

Advil, Tylenol as needed

5

The wound will granulate in

6

The “hole” will go away in about a week

7

Cold popsicles can feel really good!